



May 2024

West Chicago District 33

LMS LUNCH MENU

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Every Meal Comes
Complete With Fruit,
Veggies, & Grain &
Choice of Milk Fruit,
Veggies & Grain May
Include: Whole Grain
Graham Cracker,
Whole Grain Biscuit,
Carrots, Cucumber,
Tomatoes, Celery,
Hummus, Fresh Fruit,
Fruit Cups, Raisins,
100% Fruit Juice and
more!

MON	TUES	WED	THURS	FRI
		1 BBQ Chicken Drumstick Plate w/ Mashed Potatoes Pepperoni Pizza Cheese Pizza Fresh Apple Celery Sticks Choice of Milk	2 Breakfast Bar Macaroni and Cheese Crispy Hash Brown Rounds Fresh Carrott Sticks 100% Fruit Juice Choice of Milk	3 BBQ Chicken Pizza Pepperoni Pizza Cheese Pizza Spinach Salad Cucumber Coins 100% Fruit Juice Choice of Milk
6 Yogurt Parfait Bar Cheese Pizza Pepperoni Pizza Baby Carrot Sticks Granny Smith Apple Choice of Milk	7 Hot Dog and Burger Bar Golden Crispy Chicken Tenders Macaroni and Cheese Grape Tomatoes 100% Fruit Juice Choice of Milk	8 Chicken and Vegetable Dumplings w/ Vegetable Fried Rice Cheese Pizza Pepperoni Pizza Hummus Cup Cucumber Coins Choice of Milk	9 Buzzer Beater Basket w/Crinkle Cut Fries Veggie Burger Baby Banana 100% Fruit Juice Choice of Milk	10 Supreme Pizza Pepperoni Pizza Cheese Pizza Spinach Salad Gala Apple Choice of Milk
13 Popcorn Chicken Hot Dog Cheese Pizza Pepperoni Pizza Garlic Mashed Potatoes 100% Fruit Juice Choice of Milk	14 Spaghetti and Meatballs w/ Breadstick Diced Pears Green Beans Choice of Milk	15 General Tso's Chicken Lo Mein Noodles Cheese Pizza Pepperoni Pizza Apple Slices Edamame Beans Choice of Milk	16 Tater Tot Nachos Macaroni and Cheese Fresh Celery Sticks 100% Fruit Juice Choice of Milk	17 Sausage Pizza Pepperoni Pizza Cheese Pizza Mixed Salad Mixed Fruit Cup Choice of Milk
20 Buffalo Popcorn Chicken Mac & Cheese Cheese Pizza Pepperoni Pizza Crinkle Cut French Fries Fresh Celery Sticks Choice of Milk	21 Chicken Alfredo w/ Breadstick Macaroni and Cheese Diced Pears Refried Beans Mexican Style Street Corn Choice of Milk	22 Rojo Pozole Cheese Pizza Pepperoni Pizza Baby Carrots 100% Fruit Juice Choice of Milk	23 Buffalo Chicken Wings Pizza Crunchers Mixed Berry Applesauce Cup Crispy Hash Brown Rounds Choice of Milk	24 Vegetable Pizza Pepperoni Pizza Cheese Pizza Apple Slices Spinach Salad Choice of Milk
	28 Two Taco Tuesday Cheeseburger Meatloaf Sandwich Cilantro Lime Rice Fresh Apple 100% Fruit Juice Choice of Milk	29 Build Your Own Sandwich Bar Pasta Salad Edamame Beans Dried Cranberries Choice of Milk	30 Taco Pizza Cheese Pizza Pepperoni Pizza Mixed Salad 100% Fruit Juice Choice of Milk	

Menus are subject to change.



Don't forget Breakfast and Lunch is
FREE for all District #33 Students!



This institution is an equal opportunity provider.