



May 2024

West Chicago District 33

K-5 BREAKFAST MENU

All Meals Must Include Choice of:
Fruits and/or Vegetable
And May Include:
1% Low-Fat Milk

Every Meal Comes Complete With Fruit, Veggies, & Grain & Choice of Milk Fruit, Veggies & Grain May Include: Whole Grain Graham Cracker, Whole Grain Biscuit, Carrots, Cucumber, Tomatoes, Celery, Hummus, Fresh Fruit, Fruit Cups, Raisins, 100% Fruit Juice and more!

MON	TUES	WED	THURS	FRI
		1 Powdered Sugar Donut Assorted Cereal Fresh Fruit Choice of Milk	2 Strawberry Apple Smoothie Assorted Cereal Fresh Fruit Choice of Milk	3 Blueberry Mini Waffles Assorted Cereal Fresh Fruit Choice of Milk
6 Mini Confetti Pancakes Assorted Cereal Fresh Fruit Choice of Milk	7 French Toast Sticks Assorted Cereal Fresh Fruit Choice of Milk	8 Cinnamon Biscuit Assorted Cereal Fresh Fruit Choice of Milk	9 Chocolate Chip Muffin Top Assorted Cereal Fresh Fruit Choice of Milk	10 Mini Cinnamon Rolls Assorted Cereal Fresh Fruit Choice of Milk
13 Cinnamon Biscuit Assorted Cereal Fresh Fruit Choice of Milk	14 Strawberry Yogurt Parfait Assorted Cereal Fresh Fruit Choice of Milk	15 Glazed Cinnamon Roll Assorted Cereal Fresh Fruit Choice of Milk	16 Blueberry Muffin Top Assorted Cereal Fresh Fruit Choice of Milk	17 Mixed Berry Scone Assorted Cereal Fresh Fruit Choice of Milk
20 Turkey Pancake Wrap Assorted Cereal Fresh Fruit Choice of Milk	21 Pumkin Spice Donut Holes Assorted Cereal Fresh Fruit Choice of Milk	22 Eggoji Waffles Assorted Cereal Fresh Fruit Choice of Milk	23 Cinnamon Biscuit Assorted Cereal Fresh Fruit Choice of Milk	24 Apple Frudel Assorted Cereal Fresh Fruit Choice of Milk
	28 Strawberry Mini Bagels Assorted Cereal Fresh Fruit Choice of Milk	29 Chocolate Glazed Donut Assorted Cereal Fresh Fruit Choice of Milk	30 Maple Mini Waffles Assorted Cereal Fresh Fruit Choice of Milk	

Menus are subject to change.



Don't forget Breakfast and Lunch is
FREE for all District #33 Students!

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STUDENT
NUTRITION

This institution is an equal opportunity provider.



May 2024

West Chicago District 33

K-5 LUNCH MENU

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Every Meal Comes
Complete With Fruit,
Veggies, & Grain &
Choice of Milk Fruit,
Veggies & Grain May
Include: Whole Grain
Graham Cracker,
Whole Grain Biscuit,
Carrots, Cucumber,
Tomatoes, Celery,
Hummus, Fresh Fruit,
Fruit Cups, Raisins,
100% Fruit Juice and
more!

MON	TUES	WED	THURS	FRI
		1 A. Boneless Chicken Wings B. Macaroni and Cheese C. Egg Chef Salad w/ Dinner Roll D. Pretzel WeGo Pack Fresh Apple Celery Sticks Choice of Milk	2 A. Emoji Waffles w/ Chicken Sausage Patty B. Veggie Burger C. Tossed Salad w/ Cheese & Dinner Roll D. Chicken Ham & Cheese Sandwich Fresh Carrot Sticks Crispy Hash Brown Rounds Choice of Milk	3 A. Cheese Pizza B. Pepperoni Pizza C. Veg Baja Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich 100% Fruit Juice Spinach Salad Choice of Milk
6 A. Turkey Frank B. Fish Sticks C. Tossed Salad w/ Cheese & Dinner Roll D. Tukey & Cheese Sub Crinkle Cut French Fries Mixed Fruit Cup Choice of Milk	7 A. Macaroni and Cheese B. Golden Crispy Chicken Tenders C. Chicken Ham Chef Salad w/ Dinner Roll D. Make Your Own Pizza Bagel Diced Pears Fresh Baby Carrots Choice of Milk	8 A. Chicken and Vegetable Dumplings B. Vegetable Fried Rice C. Vegetable Baja Salad w/ Dinner Roll D. Ham & Cheese Sub Diced Peaches Fresh Zucchini Choice of Milk	9 A. Bacon Cheeseburger B. Veggie Burger C. Turkey Chef Salad w/ Dinner Roll D. Pretzel WeGo Pack Applesauce Fresh Celery Sticks Choice of Milk	10 A. Cheese Pizza B. Pepperoni Pizza C. Popcorn Chicken Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich 100% Fruit Juice Fresh Baby Carrots Choice of Milk
13 A. Popcorn Chicken B. Turkey Frank C. Egg Chef Salad w/ Dinner Roll D. Pretzel WeGo Pack Fresh Broccoli Mashed Potatoes Choice of Milk	14 A. Spaghetti and Meatballs w/ Breadstick B. Golden Crispy Chicken Tenders C. Tossed Salad w/ Cheese & Dinner Roll D. Three Cheese Sub Diced Pears Green Beans Choice of Milk	15 A. Cheeseburger B. Vegetarian Fried Rice C. Apple, Yogurt & Cheese Stick Plate w/ Dinner Roll D. Turkey & Cheese Sandwich Fresh Apple Peas & Carrots Choice of Milk	16 A. French Toast w/ Chicken Sausage Patty B. Veggie Burger C. Popcorn Chicken Salad w/ Dinner Roll D. Chicken Ham & Cheese Sandwich Crispy Hash Brown Rounds Fresh Celery Sticks Choice of Milk	17 A. Cheese Pizza B. Pepperoni Pizza C. Italian Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich 100% Fruit Juice Fresh Baby Carrots Choice of Milk
20 A. Chicken Corn Dog B. Hamburger C. Tossed Salad w/ Cheese & Dinner Roll D. Turkey & Cheese Sub Crinkle Cut French Fries Fresh Celery Sticks Choice of Milk	21 A. Macaroni & Cheese B. Golden Crispy Chicken Tenders C. Vegetable Baja Salad w/ Dinner Roll D. Pretzel WeGo Pack Diced Pears Refried Beans Mexican Style Street Corn Choice of Milk	22 A. Boneless Chicken Wings B. Cheese Pizzadilla C. Turkey Chef Salad w/ Dinner Roll D. Strawberry Yogurt Parfait Diced Peaches Red Pepper Strips Fresh Broccoli Choice of Milk	23 A. BBQ Pulled Pork Sandwich B. Pizza Crunchers C. Popcorn Chicken Salad w/ Dinner Roll D. Ham & Cheese Sub Applesauce Crispy Hash Brown Rounds Fresh Cucumber Slices Choice of Milk	24 A. Cheese Pizza B. Pepperoni Pizza C. Chicken & Cheese Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich 100% Fruit Juice Rainbow Blend Vegetables Choice of Milk
 28 A. Cheeseburger Meatloaf Sandwich B. Chicken Corn Dog C. Apple, Yogurt, Cheese Stick Plate w/ Dinner Roll D. Chicken Ham & Cheese Sandwich Fresh Banana Crispy Hash Brown Rounds Choice of Milk	29 A. Crispy Chicken Sandwich B. Spicy Buffalo Chicken Sandwich C. Garden Salad w/ Cheese & Dinner Roll D. Turkey & Cheese Wrap Warm Peach Slices Fresh Baby Carrots Choice of Milk	30 A. Cheese Pizza B. Pepperoni Pizza C. Egg Chef Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich Fresh Fruit Cup Edamame Beans Choice of Milk		

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