



# April 2024

## West Chicago District 33

### K-5 BREAKFAST MENU

All Meals Must Include Choice of:  
Fruits and/or Vegetable And May Include:  
1% Low-Fat Milk

Every Meal Comes Complete With Fruit, Veggies, & Grain & Choice of Milk Fruit, Veggies & Grain May Include: Whole Grain Graham Cracker, Whole Grain Biscuit, Carrots, Cucumber, Tomatoes, Celery, Hummus, Fresh Fruit, Fruit Cups, Raisins, 100% Fruit Juice and more!

MON	TUES	WED	THURS	FRI
<b>1</b> Mini Cinnamon Rolls Assorted Cereal Fresh Fruit Choice of Milk	<b>2</b> Ham, Egg and Cheese Bagel Assorted Cereal Fresh Fruit Choice of Milk	<b>3</b> Strawberry Yogurt Parfait Assorted Cereal Fresh Fruit Choice of Milk	<b>4</b> Maple Mini Waffles Assorted Cereal Fresh Fruit Choice of Milk	<b>5</b> Maple Mini Waffles Assorted Cereal Fresh Fruit Choice of Milk
	<b>9</b> Egg and Cheese English Muffin Assorted Cereal Fresh Fruit Choice of Milk	<b>10</b> Glazed Cinnamon Roll Assorted Cereal Fresh Fruit Choice of Milk	<b>11</b> Chocolate Chip Muffin Top Assorted Cereal Fresh Fruit Choice of Milk	<b>12</b> Triple Berry French Toast Assorted Cereal Fresh Fruit Choice of Milk
<b>15</b> Turkey Pancake Wrap Assorted Cereal Fresh Fruit Choice of Milk	<b>16</b> Cinnamon Sugar Donut Holes Assorted Cereal Fresh Fruit Choice of Milk	<b>17</b> Eggoji Waffles Assorted Cereal Fresh Fruit Choice of Milk	<b>18</b> Ham, Egg and Cheese Bagel Assorted Cereal Fresh Fruit Choice of Milk	<b>19</b> Apple Frudel Assorted Cereal Fresh Fruit Choice of Milk
<b>Happy Earth Day 22</b> Mini Strawberry Creamy Cheese Bagel Assorted Cereal Fresh Fruit Choice of Milk	<b>23</b> Strawberry Yogurt Parfait Assorted Cereal Fresh Fruit Choice of Milk	<b>24</b> Chocolate Glazed Donut Assorted Cereal Fresh Fruit Choice of Milk	<b>25</b> Ham, Egg and Cheese English Muffin Assorted Cereal Fresh Fruit Choice of Milk	<b>26</b> Mini Cinnamon Creamy Cheese Bagel Assorted Cereal Fresh Fruit Choice of Milk
<b>29</b> Cherry Frudel Assorted Cereal Fresh Fruit Choice of Milk	<b>30</b> Glazed Cinnamon Roll Assorted Cereal Fresh Fruit Choice of Milk	<div>  </div>		

Menus are subject to change.



Don't forget Breakfast and Lunch is FREE for all District #33 Students!

**aramark**  
STUDENT NUTRITION

This institution is an equal opportunity provider.



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### K-5 LUNCH MENU

All Lunches  
Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% Low-Fat  
Milk

Every Meal Comes  
Complete With Fruit,  
Veggies, & Grain &  
Choice of Milk Fruit,  
Veggies & Grain May  
Include: Whole Grain  
Graham Cracker,  
Whole Grain Biscuit,  
Carrots, Cucumber,  
Tomatoes, Celery,  
Hummus, Fresh Fruit,  
Fruit Cups, Raisins,  
100% Fruit Juice and  
more!

MON	TUES	WED	THURS	FRI
<b>1</b> A. Turkey Frank B. Fish Sticks C. Tossed Salad w/ Cheese & Dinner Roll D. Turkey & Cheese Sub Fresh Orange Wedges French Fries Choice of Milk	<b>2</b> A. Macaroni & Cheese B. Chicken Tenders C. Ham Chef Salad w/ Dinner Roll D. Make your Own Pizza Bagel Fresh Banana Veg Baked Beans Choice of Milk	<b>3</b> A. Corn Dog B. Veg Fried Rice C. Veg Baja Salad w/ Dinner Roll D. Ham and Cheese Sub Diced Peaches Corn Choice of Milk	<b>4</b> A. Bacon Cheeseburger B. Veggie Burger C. Turkey Chef Salad w/ Dinner Roll D. Muffin WeGo Pack Applesauce Celery Sticks Choice of Milk	<b>5</b> A. Cheese Pizza B. Pepperoni Pizza C. Popcorn Chicken Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich Fresh Grapes Spinach Salad Choice of Milk
	<b>9</b> A. Spaghetti w/ Meatballs B. Golden Crispy Chicken Tenders C. Tossed Salad w/ Cheese & Dinner Roll D. Three Cheese Sub Diced Pears Green Beans Choice of Milk	<b>10</b> A. Cheeseburger B. Veg Fried Rice C. Apple, Yogurt & Cheese Stick Plate D. Turkey & Cheese Sandwich Fresh Apple Peas & Carrots Choice of Milk	<b>11</b> A. French Toast Sticks w/ Sausage Patty B. Veggie Burger C. Popcorn Chicken Salad w/ Dinner Roll D. Chicken Ham & Cheese Sandwich Cinnamon Apples Celery Sticks Choice of Milk	<b>12</b> A. Cheese Pizza B. Pepperoni Pizza C. Italian Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich Fresh Watermelon Cubes Baby Carrots Choice of Milk
<b>15</b> A. Chicken Corn Dog B. Hamburger C. Tossed Salad w/ Cheese & Dinner Roll D. Turkey & Cheese Sub Fresh Orange Smiley Fries Choice of Milk	<b>16</b> A. Macaroni & Cheese B. Chicken Tenders C. Veg Baja Salad w/ Dinner Roll D. Pretzel WeGo Pack Diced Pears Refried Beans Choice of Milk	<b>17</b> A. Chicken Wings B. Cheese Pizzadilla C. Turkey Chef Salad w/ Dinner Roll D. Strawberry Yogurt Parfait Diced Peaches Fresh Broccoli Choice of Milk	<b>18</b> A. BBQ Chicken Drumsticks B. Pizza Crunchers C. Popcorn Chicken Salad w/ Dinner Roll D. Ham & Cheese Sub Applesauce Cinnamon Sweet Potatoes Choice of Milk	<b>19</b> A. Four Cheese Pizza B. Pepperoni Pizza C. Chicken & Cheese Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich Applesauce Cucumber Slices Choice of Milk
<b>Happy Earth Day 22</b> A. Turkey Frank B. Popcorn Chicken C. Apple, Yogurt & Cheese Stick Plate D. Three Cheese Sub Fresh Apple Parmesan Mashed Potatoes Choice of Milk	<b>23</b> A. Beef Nacho B. Fish Tacos C. Garden Salad w/ Cheese & Dinner Roll D. Chicken Ham & Cheese Sandwich Fresh Banana Cucumber & Tomato Salad Choice of Milk	<b>24</b> A. Crispy Chicken Sandwich B. Spicy Buffalo Chicken Sandwich C. Garden Salad w/ Cheese & Dinner Roll D. Peach Yogurt Parfait Applesauce Baby Carrots Choice of Milk	<b>25</b> A. Pancake Bites w/ Cheddar Cheese Omelet B. Egg & Cheese Bagel C. Breaded Chicken Filet Caesar Salad w/ Dinner Roll D. Blueberry Yogurt Parfait Fresh Fruit Cup Edamame Choice of Milk	<b>Nat'l Pretzel Day 26</b> A. Four Cheese Pizza B. Galaxy Pepperoni Pizza C. Egg Chef Salad w/ Dinner Roll D. Sun Butter & Jelly Sandwich Fresh Orange Spinach Salad Choice of Milk
<b>29</b> A. Turkey Frank B. Cheeseburger C. Chicken Ham Chef Salad w/ Dinner Roll D. Make-Your-Own Flatbread Mozzarella Pizza Craisins Fresh baby Carrots Choice of Milk	<b>30</b> A. Meatball Sub B. Cheese Stuffed Breadsticks C. Popcorn Chicken Salad w/ Dinner Roll D. Turkey & Cheese Sandwich Fresh Cantaloupe Fresh Grape Tomatoes Choice of Milk	<div>  </div>		

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