



January

2019

Leman Middle School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL

Start the New Year Right!




- Make sure you have at least 60 minutes of physical activity every day.
- It doesn't have to be a team sport. Brisk walking, dancing with friends, or cleaning your room also count!



**GET UP
AND
GO!**

Special
News...
More
Info...

**School
Breakfast
& Lunch
is available
to ALL
students
at no
charge!**

<p>7 Strawberry Banana Yogurt</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>8 Chocolate Filled Crescent</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>9 Chocolate Chip UBR</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>10 Mini Cinn Cream Cheese Bagels</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>11 National Glazed Donut Day </p> <p>Assorted Muffin: Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>
<p>14 Cinnamon French Toast</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>15 Blueberry Yogurt Parfait</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>16 Cinnamon Twist Pastry</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>17 Powdered Sugar Donut</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>18 Cherry Frudel</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>
<p>NO SCHOOL</p> <p></p>	<p>22 Glazed Cinnamon Roll</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>23 Guavalito</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>24 Strawberry Splash Mini Pancakes</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>25 Strawberry Banana Yogurt</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>
<p>28 Apple Frudel</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>29 Guavalito</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>30 Strawberry Banana Yogurt</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p>31 Strawberry Yogurt Parfait</p> <p>Assorted Muffins Assorted Cereal String Cheese/Yogurt Fresh/ Canned Fruit</p>	<p></p>

Menus are subject to change without notice.

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