



West Chicago Elementary Breakfast

January 2019

NO SCHOOL

Start the New Year Right!

- Make sure you have at least 60 minutes of physical activity every day.
- It doesn't have to be a team sport. Brisk walking, dancing with friends, or cleaning your room also count!



GET UP AND GO!

7

Strawberry Banana Yogurt

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

8

Chocolate Filled Crescent

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt

9

Chocolate Chip UBR

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

10

Mini Cinn Cream Cheese Bagels

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

11

National Glazed Donut Day

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit



14 Ace Lucky Tray Day!

Cinnamon French Toast



Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

15

Blueberry Yogurt Parfait

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

16

Cinnamon Twist Pastry

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

17

Powdered Sugar Donut

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

18

Cherry Frudel

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

NO SCHOOL



22

Glazed Cinnamon Roll

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

23

Guavalito

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

24

Strawberry Splash Mini Pancakes

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

25

Strawberry Banana Yogurt

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

28

Apple Frudel

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

29

Guavalito

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

30

Strawberry Banana Yogurt

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit

31

Strawberry Yogurt Parfait

Assorted Muffins
Assorted Cereal
String Cheese/Yogurt
Fresh or Canned Fruit



Offered Daily:

Milk: 1%, Fat Free Chocolate, Fat Free Strawberry Juice on alternating days



Interested in working while your kids are in school?

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