



February 2019

Leman Middle School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

REST UP AND WAKE UP REFRESHED!

A good night of sleep will help you take on the day!



1 **NO SCHOOL**



Special News...

Try the Fuel Items!


BREAKFAST BURRITOS


Bursting with tater bites, cheddar, chunky salsa and eggs wrapped in a warm whole grain tortilla


WACHOS


Waffles topped with crunchy popcorn chicken, spicy taco flavors and cheese sauce


Menus are subject to change without notice.


4 
Breaded Chicken Drumstick
Breakfast Burrito
 Pizza: Veg Greek
 Salad: CHam Chef
 Veg: Squash Zucc

5 
French Toast Sticks
Breakfast Burrito
 Pizza: Cheeseburger
 Salad: Cobb
 Veg: Roasted Carrots

6 
Country Chicken Nugget Bowl
Breakfast Burrito
 Pizza: CHIX MacCHZ
 Salad: CHIX Caesar
 Veg: Rstd Brussel Sp


7 
General Tso's Beef w/ Vegetables
Breakfast Burrito
 Pizza: Brocc/Pp/Onio
 Salad: CHIX Nacho
 Veg: Pinto Beans

8 
Macaroni and Cheese
Breakfast Burrito
 Pizza: White Chz Sg
 Salad: Fruit/Yog/Chz
 Veg: Stmd Broccoli

11 
MAX Sticks w/it Marinara
Wachos
 Pizza: Meat Lover
 Salad: CHIX Nacho
 Veg: Tater Tots

12 
Sweet and Sour Popcorn Chicken
Wachos
 Pizza: Beef Mexican
 Salad: Cheese
 Veg: Roasted Mixed

13 
Strawberry Yogu Parfait
Wachos
 Pizza: BBQ CHIX
 Salad: Ranch CHIX
 Veg: Sweet Pto Fries

14  *Happy Valentine's Day! ♥*
Chicken Nuggets
Wachos
 Pizza: White Cheese
 Salad: Fruit / Cheese
 Veg: Pinto Beans

15 
Breaded Fish Melt
Wachos
 Pizza: Hawaiian
 Salad: Popcorn CHIX
 Veg: Stmd Broccoli

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19
Breaded Chicken Parmesan
 Pizza: Pico de Gallo
 Salad: Tuna Platter
 Veg: Green Beans

20
Chili Cheese Baked Potato
 Pizza: Cheeseburger
 Salad: Buffalo CHIX
 Veg: Glazed Carrots

21
French Toast Sticks
 Pizza: BBQ Sriracha
 Salad: CHIX Platter
 Veg: Baked Beans

22
Vegetarian Fried Rice
 Pizza: Beef Mexican
 Salad: Fruit / Cheese
 Veg: Stmd Spinach

25
Breaded Fish Bites
 Pizza: Veg Pesto
 Salad: Bean Nacho
 Veg: Seasoned Fries

26
Spicy Popcorn Chicken Bowl
 Pizza: Jalapeño Sgs
 Salad: Fruit / Cheese
 Veg: Roastd Cauliflwr

27
Grilled Cheese
 Pizza: Meat Lover
 Salad: Egg, Cel, Crts
 Veg: Glazed Carrots

28
Chicken Nuggets
 Pizza: Hawaiian
 Salad: Turkey Chef
 Veg: Pinto Beans

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